



All East Integrated Sexual Health & Barts Health HIV Services' response to Covid-19: Update 3rd April 2020

Due to the Covid-19 pandemic, we are not seeing any walk-in patients at any of our sites

All Sexual Health & HIV emergency reviews are operating from the Royal London Hospital:

- Sexual Health from the Ambrose King Centre (AKC)
- HIV from the Grahame Hayton Unit (GHU)

The Sir Ludwig Guttmann Centre (SLG), the Greenway Centre and all sexual health satellite clinics in Newham, Tower Hamlets & Waltham Forest are now closed. Sexual wellbeing and psychosex clinic appointments have been **cancelled** and the service suspended.

For up to date information, please check the All East Integrated Sexual Health service website (www.alleast.nhs.uk) or Barts Health HIV clinic website (<https://www.bartshealth.nhs.uk/hiv>)

STI related issues:

- Please signpost asymptomatic patients (including contacts) needing routine sexual health checks to Sexual Health London (www.shl.uk) to order a home testing kit.
- Symptomatic patients & contacts of confirmed STIs should go to www.shl.uk as above (they should say they are asymptomatic when asked on the website) **AND ALSO** book a telephone consultation slot via the All East website (www.alleast.nhs.uk); *please do NOT refer using the EMIS referral forms.*
 - Most patients will be managed remotely
 - Patients will be given a face to face appointment only if deemed medically necessary after the phone consultation

Contraception related issues:

- **We are not providing routine LARC [depo injections, implants or intrauterine contraception (IUD/IUS)]**
 - Emergency IUDs will be provided after a telephone consultation
 - Implants & intrauterine contraception can be retained beyond expiry dates – for more details please go to <https://www.fsrh.org/documents/fsrh-ceu-clinical-advice-to-support-provision-of-effective/>
 - No LARC device needs to be removed unless it is causing pain
- **Pills/patches/vaginal ring** → managed remotely via telephone consultation (see above)
- **Emergency hormonal contraception (EHC; the morning after pill)**
 - Signpost to local pharmacy where EHC is available under PGD or over the counter depending on age and clinical situation. If EHC is unsuitable, the pharmacist can phone 07809 101 494 to discuss (**PLEASE DO NOT GIVE THIS NUMBER TO PATIENTS**).
 - If a patient cannot get EHC from the pharmacy, they can book a telephone slot with us

All specialist clinics have been cancelled. Any patients with urgent problems have been contacted and will be managed remotely in the first instance.

If you need sexual health or contraception advice:

- **Urgent advice** for clinicians: call 07809 101 494 (**PLEASE DO NOT GIVE THIS NUMBER TO PATIENTS**)
- **Non-urgent advice** for clinicians: email BHNT.Advice-Sexual-Health-Barts@nhs.net (**PLEASE DO NOT GIVE THIS EMAIL ADDRESS TO PATIENTS**)



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HIV clinics:

- Routine HIV outpatient clinics are cancelled
- We are not seeing patients who walk-in for self-referral during the pandemic
- We are arranging prescriptions for our patients' medications and contacting them as required
- Any patient who do needs to be seen – regardless of which site they usually access care – will be seen at the Royal London site for the present time

If you need HIV medical advice:

For queries or to refer, please email ghuappointments.bartshealth@nhs.net

This email will be regularly monitored during working hours.

For urgent advice please either

- call the GHU on 020 7377 7616 (**PLEASE DO NOT GIVE THIS NUMBER TO PATIENTS**) or
- contact the HIV consultant via Royal London Hospital switchboard