



Heathcote School & Science College

Normanton Park, Chingford, London E4 6ES. Tel: 020 8498 5110 Fax: 020 8529 3935

E-Mail: heathcote.school@heathcote.waltham.sch.uk Web: www.heathcoteschool.com

Headteacher: Emma Hillman NPQH, MSc, MA



EHN/SNN



22nd March 2019



Dear Parent/Carer,

We now have an official Facebook page which can be accessed via the link below.

www.facebook.com/Heathcotee4



As well as our @HeathcoteE4 Twitter feed this provides information as to the good news and events in school as well as updates. We are so proud of all our pupils and want to share their success. Photos of our school events can also be accessed from here. This currently includes the 2018 Year 11 Achievement Awards event, the Jaden Moodie Memorial Assembly and our amazing pupils who supported the Chingford C of E Road Safety Campaign, playing their steel pans.



We will be relaunching the website after Easter so please watch this space.



A number of parents/carers have asked for some support with keeping your children safe outside of school. I am liaising with Waltham Forest Council to try and organise some parent workshops or similar events and will update you when this is arranged. In the meantime, the attached leaflet provides some helpful advice.



Please do not hesitate to contact me if you have any further queries, questions or ideas.



Yours sincerely,

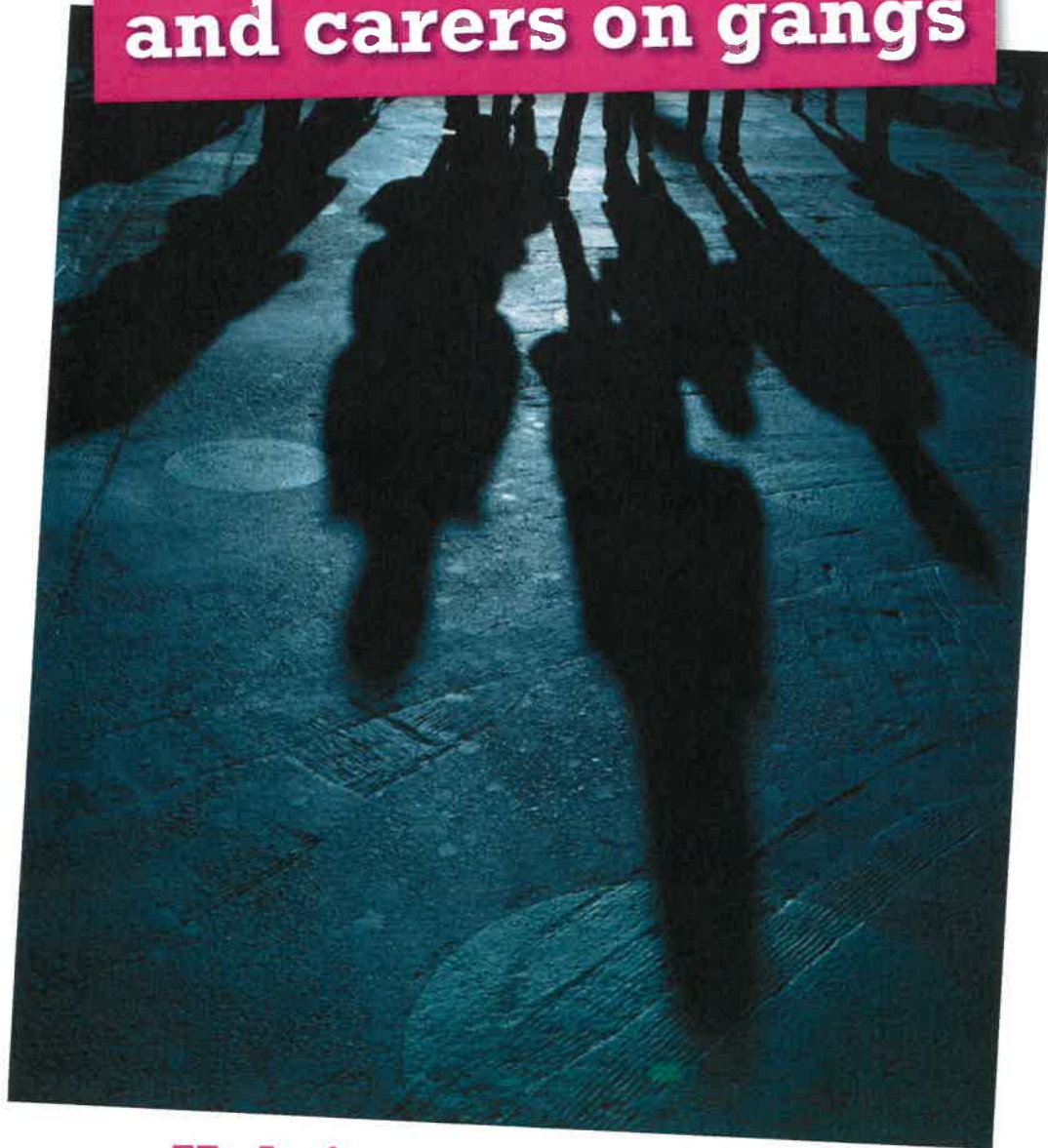


Ms E Hillman

Headteacher



Advice to parents and carers on gangs



**Helping young people
make the right choice**

Advice on gangs

The vast majority of young people are not involved in gangs and want nothing to do with them. However, the behaviour of the small number of young people who are involved has a significant impact on communities, on their families and associates, as well as themselves.

This leaflet sets out some information to help parents identify and respond if their children are affected by gangs.

Why do young people join gangs?

Young people join gangs for reasons which make sense to them, if not to adults.

Some reasons why young people may join a gang are:

- Respect and status
- To gain friends
- A sense of belonging
- Excitement
- To find a substitute family
- Power
- Protection
- Money
- Peer pressure



Signs to look out for

Gangs often leave signs of their presence and your child might adopt some of these signs; either as a member or as an associate of a gang. Any sudden changes in your child's lifestyle should be discussed.

Signs may include:

- Specific dress style
- Poor behaviour
- Talking differently – new slang or language with an aggressive tone
- Poor school results or skipping school
- Carrying weapons
- Unexplained injuries or sums of money/possessions
- Staying out unusually late
- Graffiti style tags on possessions
- Interest in music which glorifies weapons/gang culture

Gangs will often have profiles on social or networking websites like Facebook or Twitter

It's not just the boys

Girls can be affected by gangs, but their involvement may be harder to spot. They may be asked to hide weapons or drugs, or be targeted by male gang members in acts of revenge or gang initiations. All of this tends to go on 'behind closed doors'.

Girls who are linked to gang members (sisters, girlfriends, friends, cousins, daughters) as well as female gang members themselves, are at risk of emotional, physical and sexual violence.

Many girls who are involved with gangs may believe that what they are being pressured, forced or choosing to do is acceptable, even normal. They may not realise that what is happening to them is wrong; they may be afraid of what might happen if they tell anyone and/or they may think that no one will believe or protect them.

Some signs that a girl you know might be involved with a gang include:

- Changes in physical appearance (for example wearing more 'adult' clothes, or wearing baggy clothes and no make up)
- Unexplained money or possessions
- Getting involved in fights
- Committing crimes such as shoplifting
- Regularly staying out late or going missing from home
- Abusing drugs and/or alcohol
- Physical injuries (which may indicate violence from others and/or self-harming)
- Refusing to seek medical help for such injuries and becoming fearful and/or withdrawn and/or prone to unexplained outbursts of anger

What can you do?

There are things you can do to help stop your child from being involved in gangs.

- Talk to your child and listen
- Encourage them to get involved in positive activities and to think about their future employment
- Get involved in your child's school activities
- Know your child's friends and their families
- Always know where your child is and who they are with
- Help them to cope with pressure and how to deal with conflict without use of violence
- Speak to them about the serious consequences that occur from violent or illegal behaviour. Help them to understand the dangers of being in a gang and find constructive alternative ways to use their time
- Keep lines of communication open
- Be aware of what your child is doing on the internet
- Look for ways of disciplining children that do not involve harshness, anger or violence
- Work with other parents and schools to watch their behaviour
- Contact local voluntary organisations that provide mentoring and other support for young people
- Talk about your child's behaviour with their school and other parents

If your child is already involved

If your child is already involved in a gang, they may not want to talk about it or be scared. It is important that they know you want to listen and support them. Make sure they know they have a choice.

- Stay calm. Ask questions, but listen too. Don't be afraid of confrontation, but try not to approach them with anger and accusations. Try to understand the situation from their point of view and why they have joined the gang. Ask them what you can do to help. Try to agree about what they should do next. Work with them to find solutions and choices.
- Seek help from local community organisations or youth services. They can offer specialist support and programmes to help them leave the gang. (See useful contacts on back page). Contact local support networks such as faith groups or neighbourhood police officers connected to your local school.



What the law says

The law focuses on criminal behaviour. If an offender was part of a group or a gang, this may lead to a longer sentence.

- If your child's presence or actions lead to a crime they could be charged with the same offence as the main offender. For example, if they provided support or encouragement to a fellow gang member who committed a robbery or injured someone, they too could be charged with the same offence. This is called joint enterprise
- It is illegal to carry a knife in a public place, even if it belongs to someone else
- It is also illegal to carry a folding pocketknife if the edge of the blade exceeds 3 inches
- It is illegal to carry a pocketknife if the blade can be locked
- It is illegal to carry any knife, including folding knives, if there is intent to use it as a weapon, even if it belongs to someone else
- The maximum sentence for possessing a knife in a public place without a good excuse has been increased from two to four years for 16-17 year olds and adults
- It is illegal to keep any prohibited firearm, or to carry any firearm – including an imitation – in public, even if you are carrying it for someone else
- The maximum sentence for unlawful possession of a prohibited firearm is ten years. The minimum sentence is three years for 16-17 year olds and five years for adults
- Police can and will search someone if they believe they are carrying a gun, knife or other weapon
- Police and school staff can also search young people for weapons at school

If you would like to find out more information about the law on weapons, visit these websites:

www.homeoffice.gov.uk/crime/knives-offensive-weapons/

www.gov.uk/find-out-if-i-can-buy-or-carry-a-knife

Committing crime and ending up with a criminal record will affect the rest of your child's life. Having a criminal record can prevent a young person getting a job, going to university or college, or even travelling abroad.

You should call 101 to report crime and other concerns that do not require an emergency response. Call 999 in an emergency.



Useful contacts

Neighbourhood Police – to find details of your local team and find out more about the work they are doing in your area, type your postcode at www.police.uk

Crimestoppers – a free, confidential service where you can report information about a crime anonymously.
Freephone: **0800 555 111**. Web: www.crimestoppers-uk.org

Local Authority/Council – Connect to your Local Authority and find out about local specialised work with gangs, parent groups and activities for young people in your area. They can also refer you to parenting support programmes. Web: www.gov.uk/find-your-local-council

Family Lives – gives advice on all aspects of the parenting role and is open 24 hours a day, 7 days a week. Calls are free.
Tel: **0808 800 2222**. Web: www.familylives.org.uk

National Council for Voluntary Youth Services – network of over 280 national organisations and regional and local networks that work with and for young people. Web: www.ncvys.org.uk

The National Society for the Prevention of Cruelty to Children (NSPCC) – runs a wide range of services for both children and adults, including national helplines and local projects. In collaboration with the Home Office, they have extended the use of their helpline to provide information and advice to parents and others concerned about young people who may be involved, or affected by gang activity. Their helpline is open 24 hours a day, seven days a week. Freephone: **0808 800 5000**.
Email: help@nspcc.org.uk Web: www.nspcc.org.uk/gangs

Anti-Bullying Alliance – Advice on bullying.
Web: www.anti-bullyingalliance.org.uk/

Victim Support – a national charity which helps people affected by crime. Web: www.victimsupport.org

Also available for children:

ChildLine – offers a free, confidential helpline and online service dedicated to children and young people. Tel: **0800 1111**

ISBN: 978-1-78246-092-3
© Crown Copyright 2014